



Naturopath Top Compounded Products

PRODUCT	INGREDIENTS	QUANTITY	INDICATION
PEA powder	Palmitoylethanolamide	120gm	PEA is a fatty acid amide molecule involved in a variety of cellular functions in chronic pain and inflammation. It has been shown to have neuroprotective, anti-inflammatory, anti-nociceptive (anti- pain) and anti-convulsant properties.
PEA cream	Palmitoylethanolamide	50/100GM	Same as above^
Primer pyrrole Capsules	Zinc, P5P, Vitamin B6, Riboflavin	100 CAPS	Pyroluria, or pyrrole disorder, is a condition caused by stress that depletes the body of certain vitamins and minerals before they are able to be absorbed. In short, there are three main nutrients that are not properly absorbed in the pyroluric sufferer: <ul style="list-style-type: none"> • vitamin B6 • magnesium • zinc.
Primer pyrrole cream	Zinc, P5P, Vitamin B6, Vitamin E, Manganese Gluconate, Magnesium ascorbate	50/100GM	Primers are used in the phase 1 Pfeiffer Protocol for the biochemical treatment of patients with Autism Spectrum Disorder (ASD). It is a general supplement designed to re-balance the zinc:copper ratio in the body and to assist in the promotion of metallothionein (MT) proteins.
Zinc cream	Zinc sulphate	50/100GM	Zinc deficiency is linked to pyrrole disorder and other mental and behavioural disorders. Zinc sulphate can be applied topically to children/adults who are unable to absorb or tolerate zinc.
Biofilm Buster capsules	Bismuth subnitrate, Alpha lipoic acid, Black cumin	60/100 CAPS	There are a number of natural compounds that may help to breakdown microbial biofilms. Some can preferentially target overgrowth of 'bad' microbes in biofilms, while enhancing 'good' bacterial biofilms ³ , such as: https://www.researchgate.net/publication/330284679_Antimicrobial_and_anti-biofilm_activity_of_bismuth_subnitrate_and_bismuth_nanoparticles_produced_by_Delftia_sp_SFG_against_clinical_isolates_of_Staphylococcus_aureus_Pseudomonas_aeruginosa_and_Proteus
Vitamin B12 topical cream	Cyanocobalamin or Methylcobalamin		Cyanocobalamin topical cream or foam is used to treat a variety of skin conditions, including psoriasis, eczema, and dry skin or xerosis in a moisturising base. Can be applied 6 times a day.
Vitamin D cream	Cholecalciferol	100GM	Vitamin D3 cream can be applied topically to the skin to treat a deficiency. It can be used to treat inflammatory skin conditions, such as psoriasis. Topically it can also be used in conjunction with cyanocobalamin or methylcobalamin.
Vitamin D + A capsules	vitamin A 5,000IU, vitamin D3 5,000IU	100 CAPS	Dose one capsule once a week or as directed. Helpful for deficiency and immunity.
Thyroid Aminos	Glycine, Proline, Carnitine, Leucine, Theanine, Collagen	100g	Thyroid amino acids essential for optimal Thyroid Function.
Thyroid T3 → T4 Conversion	Benfotiamine, Zinc, Selenium, Vitamin E, Biotin, Chromium, B2, Iodine / Potassium Iodide, Botanical guggulipid	90 CAPS	Formulation the optimisers T4 conversation.
Thyroid Anti-inflammatory	PEA PALMITOYLETHANOLAMIDE, Lypo-Curcumin, Vitamin D, Vitamin A	100/300 CAPS	Assists in reducing pain and inflammation throughout the body.
Glutathione Transdermal in EMU oil	Glutathione Liposomal	30/50/100ML	Glutathione helps defend the body against damage from cigarette smoking, heavy metals, alcohol, and other toxins, exposure to radiation, and cancer chemotherapy. Glutathione protects cells in several ways. It neutralizes oxygen molecules before they can harm cells. Together with selenium, it forms the enzyme glutathione peroxidase, which neutralizes hydrogen peroxide. It is also a component of another antioxidant enzyme, glutathione-S-transferase, which is a broad-spectrum liver-detoxifying enzyme.

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Magnesium OIL 33% saturation	33% magnesium Spray	100ml	Magnesium is essential for many enzymatic reactions in the body. Topically magnesium chloride can increase magnesium levels, provide relaxation and relieve muscle cramping.
BPC 157 GUT healing	BPC Oral is 500mcg	20 CAPS	BPC 157, is isolated from human gastric juice and has been demonstrated to accelerate the healing of many different wounds, including tendon-to-bone healing and superior healing of damaged ligaments.
Thyroid Salt Hydration Therapy	Sodium Chloride, Potassium Chloride, Trisodium Citrate, D-ribose	100g	Replenishes important salt levels and improves energy levels.
AM/PM capsules	Can contain: ascorbic acid, vitamin b6, p5p, vitamin e succinate/mixed tocopherols/acetate, biotin, cyanocobalamin, methylcobalamin, folic acid, folinic acid, niacinamide, chromium picolinate, calcium carbonate/citrate, vitamin a, molybdenum, selenomethionine, vitamin d3, ferrous gluconate, magnesium oxide/glycinate/citrate, thiamine, riboflavin, riboflavin-5-phosphate, calcium pantothenate, inositol	3 month supply	Customise vitamin combo.
5-HTP or theanine or GABA capsules	5-Hydroxytryptophan, L-theanine, GABA	100 caps	Can be used individually or in combination to provide a sense of relaxation, calm and focus. In times of stress they can reduce anxiety and provide a more restful sleep.
NAC capsules/nasal spray	N-acetylcysteine	100 caps /30mL	Biofilm breaker in nasal lining.
Amino Acids Powder	Methionine, Proline, Serine, Taurine, Glutamine, Glycine, Leucine, Lysine, Tryptophan, Cysteine		Amino acids can be combined to help stay energised, boost athletic recovery and ensure your body is getting the fuel it needs.
RG3 + B12 Nasal peptide	Brain Stimulant containing Synapsin and Methylcobalamin	Nasal Spray 30ml	Synapsin is an innovative, patent-pending powder blend of ginsenoside Rg3 and nicotinamide riboside along with ingredients to aid in solubilization and dispersion. It is designed to be used in formulations for the support of neurological health and cognitive support.
Thyroid Activation Capsules	Tyrosine, Selenomethionine, Zinc (as picolinate), Pyridoxine HCl, Pyridoxal-5-Phosphate, Vitamin D3, Ferrous Fumarate, Chromium, Methylcobalamin, Iodine, Potassium Iodide, Magnesium Glycinate, Vitamin A, Benfotiamine	100 caps	These capsules are designed to aid the classic symptoms of low thyroid. They contain all the essential vitamins and minerals that are crucial for thyroid health.
PEA and Curcumin Powder	Palmitoylethanolamide, Turmeric	120gm	Assists in reducing pain and inflammation throughout the body.
Lugols Iodine Liquid Drops	Potassium iodide	15ml	Iodine supplement Dose : 1-3 drops a day for Max 90 days
Iodine, Potassium Iodide Capsules	Compounded Iodoral	100caps	For iodine deficiency

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NAD+ Capsule / Nasal Spray	Mitochondria BOOST containing nicotinamide adenine dinucleotide	60 caps / 30ml	NAD+ is short for nicotinamide adenine dinucleotide, a vitamin B3 compound used by every cell in your body. It has been well established for decades that NAD is critical for cellular metabolism as it is directly involved in mitochondrial function and ATP production. Chemically speaking, there is a difference between NAD+ and other forms of NAD. NAD+ is the oxidized form of NAD while NADH is the reduced form of NAD. We are currently interested in the oxidised form of NAD+. Not only is it essential for mitochondrial function but more recently it has been discovered that it is also involved with DNA repair and epigenetic signalling through its regulation of sirtuin enzymes
Inositol 650mg Capsules	Inositol	100caps	Inositol for mood and behaviour stability as well as fertility health
Niacinamide/Biotin/Lipoic Acid Topical acne Gel	Niacinamide, Biotin, Lipoic acid	Cream 30g	Acne
Selenium 300mcg	Autoimmune support	Capsule	Selenium high dose (300mcg) daily has been shown to help lower Thyroid peroxidase antibodies (TPO).
Gut repair powder	Glutamine, magnesium, ascorbic acid	300gm	Designed for gastric mucosal support



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